Weill Cornell Medicine

Community Health Series

Diabetes Awareness Month

Join Weill Cornell Medicine during Diabetes Awareness Month to explore various impacts of diabetes on health and wellbeing.

38.4 million adults, or 11.6% of the population in the U.S., have diabetes according to the Centers for Disease Control and Prevention (CDC), with 1.4 million Americans being diagnosed every year. Common diabetes health complications include heart disease, chronic kidney disease, nerve damage, and other problems with feet, oral health, vision, hearing, and mental health.

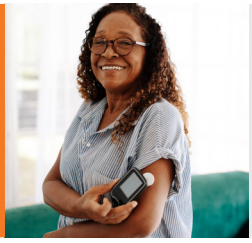
Thursday November 12



Diabetes 101: Understanding the Basics of Diabetes Risk, Prevention and Management

Join us for a discussion exploring the basics of prediabetes and diabetes, including common risk factors, symptoms, how these conditions affect the body and how they can impact long-term health.

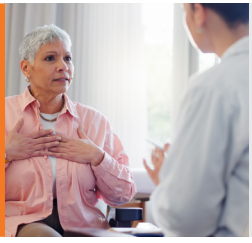
Monday November 16



Diabetes and Mental Health: Supporting a Balanced Mental and Physical Wellbeing

Join us for an exploration of the relationship between diabetes and major depressive disorder (MDD), why people with diabetes may be at greater risk and how depression can affect diabetes management and quality of life.

Friday November 20



Diabetes: Navigating Your Risk of Vascular and Cardiovascular Complications

Join us for an exploration of the connection between diabetes, high blood pressure, and cholesterol, why these conditions commonly occur together, and what people with diabetes should be aware of and monitor.

All seminars in this series are virtual and free and open to the public. Registration is required.